



# Product Manual



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# Forever Aloe Vera Gel

#715



## Forever Aloe Vera Gel

Our aloe vera is cultivated on fertile soils in a climate that enjoys over 2,000 hours of sunshine a year, and it's even been certified by the International Aloe Science Council for its purity. This drinking gel is as close to the real thing as you can get, boasting 99.7% inner leaf aloe gel, lovingly extracted by hand so that you can experience the true power of nature.

Aloe is great for the immune system and it's an ideal digestive aid, and now this purifying gel also contains vitamin C. Vitamin C contributes to the normal function of the immune system and to a normal energy-yielding metabolism.

No preservatives, no sugar – just more natural aloe vera goodness for you to enjoy!

As well as all these fantastic benefits, aloe is also great for skin health and has been used for centuries. Did you know: Cleopatra used aloe vera to condition her skin and hair in ancient Egypt? Feed your skin from within by drinking **Forever Aloe Vera Gel** every day.

### WARNING

If you are pregnant, breastfeeding, planning pregnancy, taking any medications, or are under medical supervision, please consult a doctor or healthcare professional before use.



### FAST FACTS

- Aloe vera helps support immunity for a great start to the day.
- Promotes health and wellbeing.
- Great for shiny, glowing skin, hair and nails.

### CONTENTS

1 x 1 litre

### DIRECTIONS

Shake well. Take 60-120ml daily.

### CERTIFICATIONS



### INGREDIENTS

Stabilised aloe vera gel [aloe vera gel (99.7%), vitamin C (ascorbic acid), antioxidant (ascorbic acid), acidity regulator (citric acid)].

### NUTRITIONAL VALUES

Nutrient	100ml	% RI*
Energy	8.8 kJ/2.1 kcal	0.1%
Fat	0g	0.0%
of which saturates	0g	0.0%
Carbohydrate	0.8g	0.3%
of which sugars	0g	0.0%
Protein	0g	0.0%
Salt	0.06g	1.0%
Vitamin C	56mg	70.0%



FOREVER

# Forever Aloe Berry Nectar

#734



## Forever Aloe Berry Nectar

Enjoy pure aloe infused with delicious cranberry and apple. Aloe is great for skin, the immune system and it's an ideal digestive aid, while added fruit gives this drink a sweet and tangy flavour. These amazing ingredients, plus 90.7% pure inner leaf aloe vera gel, makes **Forever Aloe Berry Nectar** a powerful choice.

Like our other drinks, **Forever Aloe Berry Nectar** has the same great benefits of the original gel, including antioxidant vitamin C which contributes to the protection of cells from oxidative stress.

### WARNING

If you are pregnant, breastfeeding, planning pregnancy, taking any medications or are under medical supervision, please consult a doctor or healthcare professional before use.



### FAST FACTS

- 90.7% pure inner leaf aloe vera gel.
- No added preservatives.
- Great for the whole family.
- Supports skin health.

### CONTENTS

1 x 1 litre

### DIRECTIONS

Shake well. Take 60-120ml daily.

### CERTIFICATIONS



### INGREDIENTS

Stabilised aloe vera gel [aloe vera gel (90.7%), vitamin C (ascorbic acid), antioxidant (ascorbic acid), acidity regulator (citric acid)], natural apple juice concentrate (4%), fructose, natural cranberry concentrate (2%).

### NUTRITIONAL VALUES

Nutrient	100ml	% RI*
Energy	105 kJ/25kcal	1.25%
Fat	0g	0.0%
of which saturates	0g	0.0%
Carbohydrate	6.7g	2.6%
of which sugars	6.3g	0.7%
Protein	0g	0.0%
Salt	0.06g	1.0%
Vitamin C	56mg	70.0%



FOREVER



# Forever Aloe Peaches

#777



## Forever Aloe Peaches

Why wait for summer to enjoy the flavour of sun-ripened peaches? **Forever Aloe Peaches** is a great way to drink your daily aloe. This drink contains 84.3% stabilised, inner leaf aloe vera gel paired with natural peach purée and vitamin C. Like all our other drinking gels, the aloe used is hand-harvested from our own aloe fields and is the first of its kind to receive certification by the International Aloe Science Council (IASC) for purity and potency.

This refreshing and fruity alternative is a brilliant digestive aid that helps to support immune function and skin health, and vitamin C contributes to the reduction of tiredness and fatigue.

### WARNING

If you are pregnant, breastfeeding, planning pregnancy, taking any medications or are under medical supervision, please consult a doctor or healthcare professional before use.



### FAST FACTS

- Great for kids.
- 84.3% pure aloe vera gel.
- Helps maintain natural energy levels.
- Aloe vera helps support immunity.
- Promotes health and wellbeing.
- Great for shiny, glowing skin, hair and nails.
- Packaging made from recyclable materials.

### CONTENTS

1 x 1 litre

### DIRECTIONS

Shake well. Take 60-120ml daily.

### CERTIFICATIONS



### INGREDIENTS

Stabilised aloe vera gel [aloe vera gel (84.3%), vitamin C (ascorbic acid), antioxidant (ascorbic acid), acidity regulator (citric acid)], natural peach purée (8%), fructose, natural white grape juice concentrate, peach flavour.

### NUTRITIONAL VALUES

Nutrient	100ml	% RI*
Energy	122.2 kJ/29.2 kcal	1.5%
Fat	0g	0.0%
of which saturates	0g	0.0%
Carbohydrate	7.1g	2.7%
of which sugars	7.1g	7.9%
Protein	0g	0.0%
Salt	0.05g	0.9%
Vitamin C	26.3mg	32.9%



FOREVER

# Forever Freedom

#196



## Forever Freedom

Wake up and get your day moving with this refreshing orange-flavoured aloe gel. **Forever Freedom** contains all the benefits of our plain gel but with added glucosamine, chondroitin and MSM – popular with those who lead an active lifestyle. N.B. Contains shellfish (shrimp, crab and lobster).

Cleansing and purifying aloe vera is the perfect soothing digestive aid, and known to be great for gastrointestinal health. Use **Forever Freedom** first thing in the morning as a perfect pick-me-up digestive supplement, to complement your breakfast and kick-start your day.

### WARNING

Keep out of reach of young children. Store tightly closed in a cool, dry place and refrigerate once opened. Do not use if seal is broken or missing. Food supplements should not be used as a substitute for a varied, balanced diet and a healthy lifestyle. If you are pregnant, breastfeeding, planning pregnancy, taking any medications or are under medical supervision, please consult a doctor or healthcare professional before use.



### FAST FACTS

- Great for active lifestyles.
- Glucosamine is especially popular with people of a certain age who still love to get out and about.
- Forever chondroitin is high quality sourced for easy digestion and made from shellfish.

### CONTENTS

1 x 1 litre

### DIRECTIONS

Shake well. Take 60-120ml daily.

### CERTIFICATIONS



### INGREDIENTS

Stabilised aloe vera gel, fructose, flavouring (orange juice concentrate), glucosamine sulfate (**crustaceans**), chondroitin sulfate, methyl sulfonyl methane, acidity regulator (citric acid), antioxidant (ascorbic acid), preservative (potassium sorbate, sodium benzoate), antioxidant (tocopherol). **Allergy advice:** for allergens, see ingredients in **bold**.

### NUTRITIONAL VALUES

Nutrient	100ml	% RI*
Energy	122.2 kJ/29.2 kcal	1.5%
Fat	0g	0.0%
of which saturates	0g	0.0%
Carbohydrate	6.3g	2.4%
of which sugars	3g	3.3%
Protein	1.3g	2.6%
Salt	292mg	4.9%
Aloe Vera Gel	90ml	N/A



FOREVER



# Forever Bee Pollen

#26



## Forever Bee Pollen

Bee pollen, dubbed a 'miracle food', is a nutritionally rich substance that provides bees with everything they need to survive. Forever sources its pollen using a patented pollen trap which collects pollen without destroying the colony.

Pollen is the fertilising dust of flowers. Bees gather and bring it back to their hives for food. Without pollen, plants, trees and flowers could not exist; even we depend on it.

Typically, bee pollen is consumed as bland-tasting granules sprinkled on food or chewed. Not **Forever Bee Pollen**. We've packed all that nutrition into an easy to take tablet by mixing it with smooth and delicious honey!

### WARNING

Food supplements should not be used as a substitute for a varied and balanced diet and a healthy lifestyle. Do not exceed the recommended daily dose.



## BEE PRODUCTS

### FAST FACTS

- Bee pollen contains hundreds of active compounds including nutrients, amino acids, proteins and lipids.
- **Forever Bee Pollen** is readily digestible and easily absorbed by the human body.
- Considered one of nature's most complete foods.
- Responsibly sourced.
- Gathered from blossoms that blanket high desert regions.

### CONTENTS

100 tablets

### DIRECTIONS

Begin by taking a quarter of a tablet daily, then gradually increase dose to one tablet, three times a day.

### CERTIFICATIONS



### INGREDIENTS

Bee pollen, honey, anti-caking agent (stearic acid, silicon dioxide), royal jelly, Maltodextrin



FOREVER

# Forever Arctic Sea

#376

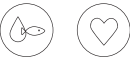


## Forever Arctic Sea

The human body cannot naturally make the omega-3 fatty acids which are commonly found in fish. **Forever Arctic Sea's** blend of natural fish, calamari and oleic olive oil contains the perfect balance of essential fatty acids EPA – which contributes to the normal function of the heart – and DHA – which contributes to the maintenance of normal brain function and vision.

### WARNING

Keep out of reach of young children. Store tightly closed in a cool, dry place. Do not use if seal is broken or missing. Food supplements should not be used as a substitute for a varied and balanced diet and a healthy lifestyle. If you are pregnant, breastfeeding, planning pregnancy, taking any medications or are under medical supervision, please consult a doctor or healthcare professional before use. Do not exceed the recommended daily dose.



## NUTRITIONALS

### FAST FACTS

- High in DHA, EPA and oleic acid.
- DHA contributes to the maintenance of normal brain function.
- DHA contributes to the maintenance of normal vision.

### CONTENTS

120 softgels

### DIRECTIONS

Take two softgels three times daily with water.  
To be taken at meal times.

### CERTIFICATIONS



### INGREDIENTS

Natural **fish** oil, gelling agent (gelatin), humectant (glycerin), water, **calamari** oil (**mollusc**), olive oil, natural lemon oil, natural lime oil, antioxidant (d-alpha-tocopherol). **Allergy advice:** for allergens, see ingredients in **bold**.

### NUTRITIONAL VALUES

Nutrient	6 softgels	% RI*
Omega-3 Fatty Acids	1305mg	N/A
EPA (Eicosapentaenoic Acid)	600mg	N/A
DHA (Docosahexaenoic Acid)	600mg	N/A
Oleic Acid (from Olive Oil)	300mg	N/A



FOREVER



# Forever Supergreens

#621



## Forever Supergreens

**Forever Supergreens** contains over twenty fruits and vegetables with vitamins C, E and magnesium to help keep your body fully powered for optimal performance\*.

\*Vitamin C contributes to the normal function of the immune system. Vitamin E contributes to the protection of cells from oxidative stress. Magnesium contributes to normal energy-yielding metabolism, reduction of tiredness and fatigue, electrolyte balance and psychological function.

## WHICH FRUITS AND VEGETABLES DOES THIS PRODUCT CONTAIN?

- Apple powder
- Sugar beet fibre
- Red pepper powder
- Tomato powder
- Strawberry powder
- Cranberry powder
- Spinach powder
- Cabbage powder
- Onion powder
- Broccoli powder
- Kale powder
- Mangosteen powder
- Pumpkin powder
- Beet powder
- Blueberry powder
- Acai powder
- Goji powder
- Carrot powder
- Grape juice concentrate
- Pomegranate juice concentrate
- Barley grass

## WARNING

Keep out of reach of young children. Store tightly closed in a cool, dry place. Do not use if seal is broken or missing. Food supplements should not be used as a substitute for a varied and balanced diet and a healthy lifestyle. If you are pregnant, breastfeeding, planning pregnancy, taking any medications or are under medical supervision, please consult a doctor or healthcare professional before use. Do not exceed the recommended daily dose.



## FAST FACTS

- High in antioxidant vitamins C and E.
- Vitamin C contributes to the normal function of the immune system.
- Vitamin C and magnesium contribute to the reduction of tiredness and fatigue.
- Contains the antioxidant vitamin E which contributes to the protection of cells from oxidative stress.
- Magnesium contributes to electrolyte balance.

## CONTENTS

30 Sachets

## DIRECTIONS

Add contents of one sachet (4.4g) to 240ml of water or other beverage.

## CERTIFICATIONS



## INGREDIENTS

Spinach (*spinacia oleracea*) leaves powder (34%), berries and cream flavour [acacia gum, berry flavour (raspberry and strawberry), citric acid, silicon dioxide], magnesium (magnesium carbonate), broccoli (*brassica oleracea* var. *italica*) leaves powder (9%), barley (*hordeum vulgare* L) grass, spirulina, proprietary fruits and vegetables blend\*: apple (*malus domestica*) powder, sugar beet (*beta vulgaris* L) fibre, rice (*oryza sativa*) flour, red pepper (*capsicum frutescens*) powder, tomato (*lycopersicon esculentum*) powder, strawberry (*fragaria virginiana*) powder, cranberry (*vaccinium macrocarpon*) powder, acerola (*malpighia glabra* L.) juice concentrate, spinach (*spinacia oleracea*) powder, cabbage (*brassica oleracea capitata*) powder, onion (*allium cepa*) powder, broccoli (*brassica oleracea italica*) powder, kale (*brassica oleracea*) powder, mangosteen (*garcinia mangostana* L.) powder, pumpkin (*cucurbita pepo*) powder, beet (*beta vulgaris* L.) powder, blueberry (*vaccinium corymbosum*) powder, acai (*euterpe oleracea* mart.) powder, goji (*lycium barbarum* L.) powder, carrot (*daucus carota sativa*) powder, grape (*vitis vinifera*) juice concentrate, pomegranate (*punica granatum*) juice concentrate, vitamin C (ascorbic acid), kale (*brassica oleracea* var. *sabellica*) leaves powder (2%), wolfberry (*lycium barbarum* L.) fruit powder (2%), grape (*vitis vinifera*) seed powder, green tea (*camellia sinensis* (L.) kuntze.) leaf powder, sweetener (steviol glucosides), vitamin E [d-alpha-tocopheryl acetate, silicon dioxide], aloe vera (*aloe barbadensis*) leaf powder.

## NUTRITIONAL VALUES

Nutrient	Per packet (4.4g)	% RI*
Vitamin E	6mg	50%
Vitamin C	80mg	100%
Magnesium	125mg	33%
Grape seed powder	100mg	N/A
Green tea leaf powder	100mg	N/A
Wolfberry extract	68mg	N/A
Aloe vera leaf powder	10mg	N/A
Fruits and vegetables	2450mg	N/A

# Argi+

#473



## Argi+

Forever's **Argi+** packs a lot more than delicious berry flavour into every stick pack.

This nutritious berry-flavoured sports drink contains five grams of l-arginine per serving plus vitamins, including vitamin C, which contributes to the reduction of tiredness and fatigue, and vitamin D, which contributes to the maintenance of normal muscle function.

Simply stir a sachet into water to enjoy the lively berry flavours or add it to your favourite beverage. Forever **Argi+** pairs amazingly with **Forever Aloe Berry Nectar** or our 99.7% pure **Forever Aloe Vera Gel**.

- + **Argi+** is high in vitamins C, D, B6, B12 and folate.
- + Vitamin C increases iron absorption.
- + Vitamin D contributes to the normal function of the immune system.
- + Vitamin B6 contributes to normal red blood cell formation.

## WARNING

If you have a heart condition, are pregnant or taking other medication, consult your doctor before using this product.



## NUTRITIONALS

### FAST FACTS

- High in vitamins C, D, B6 B12 and folate.
- Delicious berry flavour.
- Available in convenient stick sachets.
- Uniquely formulated for people with active lifestyles.

### CONTENTS

1 x 30 sachets

### DIRECTIONS

One sachet daily.

### CERTIFICATIONS



### INGREDIENTS

L-arginine, vitamin C (as ascorbic acid), vitamin K2 (as menaquinone), vitamin D3 (as cholecalciferol), vitamin B6 (as pyridoxine hydrochloride), vitamin B12 (as cyanocobalamin), folate (as folic acid), grapeskin extract, pomegranate extract, red grape extract, blackcurrant juice powder, elderberry juice powder, raspberry juice powder, morello cherry juice powder, blackberry juice powder, blueberry juice powder, citric acid, silicon dioxide, monopotassium phosphate, maltodextrin, natural mixed berry flavour, xylitol, sucralose, d-ribose.

### NUTRITIONAL VALUES

Nutrient	10g	% RI*
Vitamin C	80mg	100.0%
Vitamin D3	5ug	100.0%
Vitamin K2	20ug	27.0%
Vitamin B6	1.4mg	100.0%
Vitamin B12	2.5ug	100.0%
Folate	200ug	100.0%
L-arginine	5g	N/A
D-ribose	50mg	N/A



FOREVER



# Forever Lite Ultra with Aminotein

#470 / 471



## Forever Lite Ultra

Shake up your diet and lifestyle with naturally-flavoured, plant-powered protein. **Forever Lite Ultra** contains vital vitamins and minerals and is available in two flavours. This versatile product can be used if you're watching your calorie intake, or as a filling protein shake if you're trying to gain weight. *N.B. Contains soy.*

### WARNING

Store in a cool, dry and dark place. Do not use if the package is torn or damaged. Shake well before each use. This product should be used to supplement a balance and varied diet and a healthy lifestyle. An adequate daily fluid intake is important. If you are pregnant, breastfeeding, planning pregnancy, taking any medications or are under medical supervision, please consult a doctor or healthcare professional before use.



## NUTRITIONAL VALUES

VANILLA			CHOCOLATE		
Nutrient	100g powder	% RI*	100g powder	% RI*	
Energy	1606KJ/384Kcal	10.0%	1578KJ/377Kcal	10.0%	
Fat	12g	6.0%	12g	6.0%	
of which saturates	0g	1.5%	0g	1.5%	
Carbohydrate	25g	8.0%	24g	8.0%	
of which sugars	8g	18.0%	8g	18.0%	
Fibre	4g	N/A	4g	N/A	
Protein	52g	48.0%	50g	48.0%	
Salt	2.6g	17.0%	2.5g	17.0%	

## NUTRITIONALS

### FAST FACTS

- 24 g of protein\*.
- Delicious Chocolate or Vanilla flavour.
- Only 201 kcal per serving\*.
- Suitable as a snack or as a protein shake.
- Plant-powered protein.
- High in over twenty vitamins and minerals.

\*when served with 300ml of skimmed milk

### CONTENTS

1 x 375g (Vanilla), 1 x 390g (Chocolate)

### DIRECTIONS

Blend or mix one level scoop (25g) with 300ml of milk or another drink (soy milk or water). Shake well before each use. Keep tightly closed. Store in a cool dry and dark place. *Do not use if packaging is torn or damaged.*

### CERTIFICATIONS



**VANILLA INGREDIENTS:** Soy protein isolate (soy protein isolate, soy lecithin), creamer (sunflower oil, maltodextrin, starch, mono- and diglycerides, tricalcium phosphate), fructose, vanilla flavour (maltodextrin, natural flavour, tricalcium phosphate, colour (caramel), tripotassium phosphate, fructooligosaccharides, trisodium phosphate, thickener (guar gum), magnesium oxide, protease blend (protease blend, maltodextrin) soy lecithin powder, sweetener (sucralose), calcium carbonate, ascorbic acid (vitamin C), ferrous fumarate, D-alpha tocopheryl acetate (vitamin E), starch, anti-caking agent (silicon dioxide), niacinamide (vitamin B3), potassium iodide (potassium iodide, dicalcium phosphate) zinc oxide, manganese sulfate, biotin (vitamin B8 dicalcium phosphate) D-calcium pantothenate (vitamin B5), retinyl palmitate (vitamin A), sucrose, acacia gum, starch, tricalcium phosphate, antioxidant (DL-alpha tocopherol), cupric sulfate, brewer's yeast, pyridoxine hydrochloride (vitamin B6), thiamine hydrochloride (vitamin B1), cholecalciferol (vitamin D), starch, sucrose, coconut oil, sodium ascorbate, antioxidant (DL-alpha tocopherol), anti-caking agent (silicon dioxide), riboflavin (vitamin B2), folic acid (vitamin B9), sodium selenite, cyanocobalamin (vitamin B12), mannitol. **Allergy advice:** for allergens, see ingredients in **bold**.

**CHOCOLATE INGREDIENTS:** Soy protein isolate (soy protein isolate, soy lecithin), creamer (sunflower oil, maltodextrin, starch, mono- and diglycerides, tricalcium phosphate), fructose, chocolate flavour (cocoa powder, maltodextrin, anti-caking agent (silicon dioxide)), tripotassium phosphate, cocoa powder, fructooligosaccharides, trisodium phosphate, thickener (guar gum), magnesium oxide, protease blend (protease blend, maltodextrin), soy lecithin powder, sweetener (sucralose), calcium carbonate, ascorbic acid (vitamin C), ferrous fumarate, D-alpha tocopheryl acetate (vitamin E), starch, anti-caking agent (silicon dioxide), niacinamide (vitamin B3), potassium iodide (potassium iodide, dicalcium phosphate), zinc oxide, manganese sulfate, biotin (vitamin B8 dicalcium phosphate), D-calcium pantothenate (vitamin B5), retinyl palmitate (vitamin A), sucrose, acacia gum, starch, tricalcium phosphate, antioxidant (DL-alpha tocopherol), cupric sulfate, brewer's yeast, pyridoxine hydrochloride (vitamin B6), thiamine hydrochloride (vitamin B1), cholecalciferol (vitamin D), starch, sucrose, coconut oil, sodium ascorbate, antioxidant (DL-alpha tocopherol), anti-caking agent (silicon dioxide), riboflavin (vitamin B2), folic acid (vitamin B9), sodium selenite, cyanocobalamin (vitamin B12), mannitol. **Allergy advice:** for allergens, see ingredients in **bold**.



FOREVER

# Aloe Vera Gelly

#61



## Aloe Vera Gelly

Forever's **Aloe Vera Gelly** is a back-to-basis formula that embraces the power of aloe in its purest form. The quality of aloe vera used makes all the difference and our aloe is the first of its kind to receive the International Aloe Science Council (IASC) certification for purity and potency.

Historically, a major use of aloe vera was to soothe minor skin irritations. Many households kept a live aloe, or 'burn plant' for first-aid use. Forever's **Aloe Vera Gelly** is specially prepared for topical application to moisturise, soothe and condition. **Aloe Vera Gelly** is a thick, translucent gel containing humectants and moisturisers. Readily absorbed by the skin, it soothes without staining clothes.

From your bathroom cabinet to the first-aid kit, and from the kitchen to the campsite, **Aloe Vera Gelly** is an ideal companion for skin that needs a little extra care.

## WARNING

It is advisable to perform a patch test before using any topical product for the first time.



## SKINCARE

### FAST FACTS

- Quickly soothes the skin.
- Does not stain clothing.
- Ideal for any first-aid kit.

### CONTENTS

118ml

### DIRECTIONS

Liberal apply **Aloe Vera Gelly** to the affected area. Repeat application as required.

### CERTIFICATIONS



### INGREDIENTS

Aloe barbadensis leaf juice, aqua, glycerin, triethanolamine, carbomer, disodium edta, citric acid, ascorbic acid, allantoin, glycine soja oil, tocopherol, methylparaben, potassium sorbate, sodium benzoate, diazolidinyl urea.



FOREVER

# Aloe Propolis Creme

#51



## Aloe Propolis Creme

This nourishing cream combines two of our most prized ingredients, pure inner leaf aloe vera gel and bee propolis. Together, aloe vera, bee propolis and camomile help maintain healthy, beautiful skin tone and texture.

**The Aloe Propolis Creme's** moisturising and conditioning properties make for an excellent everyday moisturiser and help to soothe irritation. The aloe is of course from our own aloe fields and is hand-harvested and filleted to avoid damage and ensure only the highest quality of aloe vera makes it into our products.

It's easy to see why **Aloe propolis Creme** is one of Forever's flagship products.

### WARNING

*N.B. Suitable for people prone to dry skin conditions. Contains lanolin.* It is advisable to perform a patch test before using any topical product for the first time.

## SKINCARE

### FAST FACTS

- Provides soothing relief.
- Excellent moisturiser.
- Combines aloe vera and bee propolis.

### CONTENTS

113ml

### DIRECTIONS

Apply liberally as needed.

### CERTIFICATIONS



### INGREDIENTS

Aloe barbadensis leaf juice, glyceryl stearate, propylene glycol, cetyl alcohol, lanolin, PEG-100 stearate, propolis extract, chamomilla recutita flower extract, ethylhexyl palmitate, ethylhexyl stearate, diethylhexyl adipate, sorbitol, lanolin alcohol, dimethicone, tocopherol, glycine soya oil, beta-carotene, zea mays oil, allantoin, triethanolamine, ascorbic acid, disodium EDTA, citric acid, parfum, coumarin, potassium sorbate, sodium benzoate, diazolidinyl urea, methylparaben, propylparaben.



FOREVER



# Aloe Moisturizing Lotion

#63



## Aloe Moisturizing Lotion

Day in and day out our skin is exposed to weather, wind and pollution, all of which can take a toll on your skin.

This unique lotion has outstanding humectant and moisturising properties. It contains collagen and elastin to keep the skin smooth, soft and supple while maintaining its natural pH balance and its easy-to-absorb formula also makes a great base for makeup application.

Thicker than **Aloe Lotion**, this thick, velvety moisturising cream also contains nourishing aloe and jojoba oil making this product ideal for replenishing moisture and restoring skin's soft, silky feel.

Perfect for the face, hands and body, when your skin needs a little extra attention, **Aloe Moisturizing Lotion** is a perfect addition to your daily skincare routine.

### WARNING

It is advisable to perform a patch test before using any topical product for the first time.

## SKINCARE

### FAST FACTS

- Moisturiser for face and body.
- Excellent for hands.
- Rich in texture.

### CONTENTS

118ml

### DIRECTIONS

Apply to face, hands or body. Gently massage until lotion is absorbed into the skin. If used as a base for makeup, allow a thin film to remain.

### CERTIFICATIONS



### INGREDIENTS

Aloe barbadensis leaf juice, aqua, C12-15 alkyl benzoate, stearic acid, glyceryl stearate, hydrogenated polyisobutene, methyl gluceth-20, sorbitol, prunus armeniaca kernel oil, polysorbate 60, simmondsia chinensis seed oil, chamomilla recutita flower extract, hydrolyzed elastin, sodium PCA, collagen, triethanolamine, cetyl alcohol, PEG-100 stearate, ascorbic acid, tocopherol, citric acid, propylene glycol, glycine soja oil, allantoin, dimethicone, sodium hyaluronate, parfum, amyl cinnamal, benzyl salicylate, hexyl cinnamal, linalool, hydroxyisohexyl 3-cyclohexene carboxaldehyde, diazolidinyl urea, methylparaben, propylparaben, potassium sorbate, sodium benzoate.



FOREVER

# Aloe Heat Lotion

#64



## Aloe Heat Lotion

After a long, active day, we all know the misery of tired, aching muscles. Now you can stretch no further than to grab a tube of **Aloe Heat Lotion**.

This aloe-powered formula contains heating agents and cooling aloe. Ultra-rich and non-greasy, this lotion provides blissful relief from everyday stresses and strains. Great for warming up before exercise or soothing aches after a workout. **Aloe Heat Lotion** also contains menthol and eucalyptus and is ideal for a warming massage to help you feel rejuvenated.

### WARNING

It is advisable to perform a patch test before using any topical product for the first time.



## SKINCARE

### FAST FACTS

- Soothing relief after sports or working out.
- Rich, emollient formula.
- An ideal massage lotion.

### CONTENTS

118ml

### DIRECTIONS

Apply liberally and massage into skin as needed.

### CERTIFICATIONS



### INGREDIENTS

Aloe barbadensis leaf juice, aqua, methyl salicylate, propanediol, glyceryl stearate, cetyl alcohol, glyceryl oleate citrate, arginine, menthol, sesamum indicum seed oil, prunus armeniaca kernel oil, eucalyptus globulus leaf oil, cetyl ethylhexanoate, carbomer, allantoin, caprylyl glycol, ethylhexylglycerin, caprylic/capric triglyceride, ascorbic acid, hexylene glycol, citric acid, limonene, linalool, phenoxyethanol, potassium sorbate, sodium benzoate.



FOREVER

# Aloe Sunscreen

#617



## Aloe Sunscreen

**Aloe Sunscreen** lets you soak in the sun without harmful rays wreaking havoc on your skin.

This water-resistant formula offers SPF 30 broad spectrum protection against UVA and UVB rays while locking in moisture with soothing inner leaf aloe.

UVA rays make up 95% of the radiation that reaches Earth. These rays penetrate the skin deeply and play a major role in ageing and the formation of wrinkles, and UVB rays are more damaging to the skin's outer layers and can cause reddening and sunburn.

Pure aloe vera from Forever's own aloe fields nourishes the skin, locks in moisture and soothes. Only the highest quality inner leaf aloe is used to comfort and defend your skin.

Powerful and gentle, **Aloe Sunscreen** will keep the whole family protected, wherever the adventure leads.

This product is free from harmful ingredients oxybenzone and octinoxate making it reef safe.

### WARNING

It is advisable to perform a patch test before using any topical product for the first time.



## SKINCARE

### FAST FACTS

- SPF 30 protection.
- High protection against UVA and UVB rays.
- Soothes, moisturises and protects.
- Water-resistant.
- A little can go a long way.
- Natural zinc oxide sunscreen offers superior protection.

### CONTENTS

118ml

### DIRECTIONS

Apply generously and evenly 15-30 minutes before sun exposure. Read instructions before use.

### CERTIFICATIONS



### INGREDIENTS

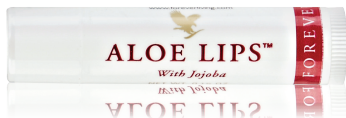
Aqua, aloe barbadensis leaf juice, zinc oxide, octocrylene, homosalate, propanediol, ethylhexyl salicylate, propylheptyl caprylate, diisostearyl polyglyceryl-3 dimer dilinoleate, vp/hexadecene copolymer, cetearyl ethylhexanoate, undecane, polyhydroxystearic acid, hydrogenated castor oil, tridecane, caprylyl glycol, magnesium sulfate, parfum, benzyl salicylate, benzyl benzoate, hexyl cinnamal, sodium gluconate, tocopheryl acetate, citric acid, ascorbic acid, ethylhexylglycerin, chlorophenesin, phenoxyethanol, sodium benzoate, potassium sorbate.



FOREVER

# Aloe Lips *with Jojoba*

#22



## Aloe Lips *with Jojoba*

When it comes to your skincare routine, don't let your lips feel left out. From winter snow to summer sunshine, make sure your lips are prepared for anything the great outdoors has to offer!

This loaded lip product contains aloe, jojoba and three types of wax to smooth and soothe chapped lips, making it the ultimate year-round solution to dry lips. Whether you are skiing or sunbathing, its compact size also makes it convenient to keep on hand

If your lips could talk, they'd ask for **Aloe Lips**.

### WARNING

It is advisable to perform a patch test before using any topical product for the first time.



## SKINCARE

### FAST FACTS

- Get kissable lips with this rich and nourishing pocket-sized lip balm.
- Moisturising aloe vera-based formula.
- Gives your lips gloss.
- Great for year-round use.

### CONTENTS

1 x 0.15oz

### DIRECTIONS

Apply to the lips regularly as a moisturiser, particularly in harsh or extreme weather conditions.

### CERTIFICATIONS



### INGREDIENTS

Aloe barbadensis leaf extract, paraffinum liquidum, simmondsia chinensis seed oil, petrolatum, ethylhexyl hydroxystearate, cera alba, glycine soya oil, euphorbia cerifera cera, myristyl myristate, copernicia cerifera cera, ozokerite, allantoin, parfum, benzyl benzoate, limonene, geraniol, propylparaben.



FOREVER



# Aloe-Jojoba Shampoo

#521



## Aloe-Jojoba Shampoo

Get beautifully shiny and easy-to-manage hair with this aloe vera and jojoba oil-infused shampoo. Its ingredients remove even the clingiest of oils while simultaneously soothing your scalp, and while aloe and jojoba take centre stage, you'll also find other powerful ingredients, such as **Forever Essential Oil, Lavender**.

The gentle pH-balanced formula is suitable for all hair types and can be used to help replenish your hair's natural moisture.

Rose hip oil is a rich oil and the only vegetable oil to naturally contain vitamin A, plus it has high levels of vitamin C and superb moisturising properties.

### WARNING

It is advisable to perform a patch test before using any topical product for the first time. Keep out of reach of children. Avoid contact with eyes. In case of contact with eyes rinse immediately and thoroughly.

## PERSONAL CARE

### FAST FACTS

- pH-balanced.
- Sulphate-free.
- Perfect for all hair types.
- With three natural oils to soothe the scalp.

### CONTENTS

296ml

### DIRECTIONS

Apply to wet hair and massage to stimulate scalp and create a rich lather. Rinse thoroughly. For best results follow with **Aloe-Jojoba Conditioning Rinse**.

### CERTIFICATIONS



### INGREDIENTS

Aloe barbadensis leaf juice, aqua, cocamidopropyl hydroxysultaine, sodium methyl 2-sulfolaurate, disodium 2-sulfolaurate, decyl glucoside, 1,2-hexanediol, lavandula angustifolia (lavender) flower oil, rosa canina (rosehip) seed oil, simmondsia chinensis (jojoba) seed oil, ascorbic acid, citric acid, parfum, linalool, potassium sorbate, sodium benzoate.



FOREVER

# Aloe-Jojoba Conditioning Rinse

#522



## Aloe-Jojoba Conditioning Rinse

Forever's **Aloe-Jojoba Conditioning Rinse** pairs perfectly with our **Aloe-Jojoba Shampoo**.

Contains jojoba and vitamin B to help nourish, protect and strengthen the hair, this pH-balanced conditioner gives hair a silky, shiny and salon-look finish. Enriched with vitamins and nourishing oils – including macadamia oil, olive oil, sunflower seed oil and our own **Lavender Forever Essential Oil** – this conditioner helps your scalp stay moisturised, makes hair more manageable, and it helps to eliminate split ends.

Get the most out of Forever's **Aloe-Jojoba Conditioning** rinse when you use it with **Aloe-Jojoba Shampoo**. These formulas are designed to work together perfectly to keep your hair looking beautiful.

### WARNING

It is advisable to perform a patch test before using any topical product for the first time. Keep out of reach of children. Avoid contact with eyes. In case of contact with eyes rinse immediately and thoroughly.

## PERSONAL CARE

### FAST FACTS

- pH-balanced.
- Lightweight formula.
- Features four oils: jojoba, sunflower, macadamia, and **Lavender Forever Essential Oil**.

### CONTENTS

296ml

### DIRECTIONS

After shampooing with **Aloe-Jojoba Shampoo**, massage **Aloe-Jojoba Conditioning Rinse** into the hair and leave on for two-to-three minutes. Rinse hair thoroughly and dry.

### CERTIFICATIONS



### INGREDIENTS

Aloe barbadensis leaf juice, aqua, cetyl alcohol, macadamia integrifolia seed oil, propanediol, glyceryl stearate, capryloyl glycerin / sebacic acid copolymer, brassica alcohol, diheptyl succinate, polyquaternium-81, PPG-3 caprylyl ether, helianthus annuus (sunflower) seed oil, simmondsia chinensis (jojoba) seed oil, brassicyl isoleucinate esylate, guar hydroxypropyltrimonium chloride, 1,2-hexanediol, arginine, lavandula angustifolia (lavender) flower oil, panthenol, ascorbic acid, citric acid, parfum, linalool, potassium sorbate, sodium benzoate.



FOREVER

# Aloe Ever-Shield Deodorant

#67



## Aloe Ever-Shield Deodorant

The aloe vera formula contains no alcohol or harsh aluminium salts usually found in antiperspirant deodorants and can be used to soothe after underarm shaving and waxing. This deodorant also offers a clean, pleasant scent that's not overpowering.

When the temperature is rising and the pressure is on, it is a real confidence-booster to maintain that fresh feeling from the start of the day. **Aloe Ever-Shield Deodorant** provides effective, all-day protection against underarm odour and can be applied directly after shaving or waxing, without causing stinging. This gentle yet powerful product glides on smoothly, does not stain clothes, and does not contain alcohol or harsh aluminium salts usually found in antiperspirant deodorants. **Aloe Ever-Shield Deodorant** contains no harsh aluminium salts.

### WARNING

It is advisable to perform a patch test before using any topical product for the first time.

## PERSONAL CARE

### FAST FACTS

- Contains no aluminium salts.
- Does not stain clothes.
- Can be used directly after shaving or waxing.
- Rich in texture.

### CONTENTS

92.1g

### DIRECTIONS

Apply **Aloe Ever-Shield Deodorant** under your arms every day for a fresh and clean feeling all day long.

### CERTIFICATIONS



### INGREDIENTS

Propylene glycol, aqua, sodium stearate, aloe barbadensis leaf juice, triclosan, citric acid, ascorbic acid, parfum, hexyl cinnamal, benzyl salicylate, hydroxyisohexyl 3-cyclohexene carboxaldehyde, linalool, butylphenyl methylpropional, geraniol, citronellol, benzyl cinnamate, alpha-isomethyl ionone, eugenol, limonene, amyl cinnamal, potassium sorbate, sodium benzoate.



FOREVER

# Aloe Hand Soap

#523



## Aloe Hand Soap

**Aloe Hand Soap** provides a soothing experience with each use. Formulated from pure 100% stabilised aloe vera gel and natural cleansers, this gentle formula with fruit extracts leaves your skin feeling soft and hydrated.

On average, people wash their hands around eight times a day, and the Global Hygiene Council recommends even more. While it's important to keep your hands clean, repeated washing can take a toll on your skin if your soap uses harsh surfactants and strips your hands of moisture. Thankfully, Forever has found a way to actually soften your hands while washing them.

Our 100% stabilised aloe vera gel and glycerine make a natural, soft base to which we have added other key ingredients, so **Aloe Hand Soap** has just what your skin needs to feel great no matter how many times you wash your hands every day.

### WARNING

It is advisable to perform a patch test before using any topical product for the first time.



## PERSONAL CARE

### FAST FACTS

- Softening formula.
- Naturally derived cleansers.
- High aloe content.

### CONTENTS

473ml

### DIRECTIONS

Release the lock mechanism and dispense a small amount of **Aloe Hand Soap** into wet hands. Gently work into a thick lather for a thorough cleansing. Rinse with warm water and dry.

### CERTIFICATIONS



### INGREDIENTS

Aloe barbadensis leaf juice, aqua, cocamidopropyl hydroxysultaine, sodium methyl 2-sulfolaurate, disodium 2-sulfolaurate, decyl glucoside, glycol stearate, 1,2-hexanediol, glycerin, cucumis sativus (cucumber) fruit extract, citrus limon peel oil, olive oil PEG-7 esters, ascorbic acid, citric acid, parfum, limonene, potassium sorbate, sodium benzoate.



FOREVER

# Forever Bright ToothGel

#28



## Forever Bright ToothGel

Brushing your teeth twice a day and maintaining a balanced diet is the best way to ensure your teeth look and feel great.

**Forever Bright Toothgel** combines aloe vera with natural peppermint and spearmint flavourings to leave your mouth feeling fresh and clean. Created for the entire family – as well as your pets – this gentle, non-fluoride formula contains only the highest quality ingredients, including aloe vera and bee propolis.

Aloe vera has long been treasured for its quality and versatility, including in dental care, and this innovative toothgel is made using stabilised aloe vera gel from Forever's own aloe fields making this product vital part of your daily routine.

Whilst this fabulous product contains bee propolis, it does not contain any other animal by-products, so is a great option for vegetarians.

### WARNING

It is advisable to perform a patch test before using any topical product for the first time.



## PERSONAL CARE

### FAST FACTS

- Contains bee propolis.
- Formulated for the entire family.
- Does not contain fluoride.

### CONTENTS

130g

### DIRECTIONS

Brush teeth after meals, have regular dental check-ups and avoid snacking between meals.

### CERTIFICATIONS



### INGREDIENTS

Aloe barbadensis leaf juice, sorbitol, hydrated silica, glycerin, sodium lauryl sulfate, chondrus crispus powder, aroma, propolis extract, sodium saccharin, ascorbic acid, citric acid, limonene, linalool, potassium sorbate, sodium benzoate, CI 75810.



FOREVER





FOREVER  
**BRIGHT**  
SPARKLING  
ALOE VERA TOOTHGEL

NO FLUORIDE  
WITH ALOE VERA  
AND BEE PROPOLIS

## Ensuring the highest quality.

We own numerous patents for the stabilisation of aloe vera, which assures you of the highest quality aloe vera-based health and beauty products. Our aloe vera products were the first to receive the International Aloe Science Council seal of approval for consistency and purity. Many of the products also feature the Kosher and Halal seals of approval. Forever does not test its products on animals.

**foreverliving.com**  
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Forever Business Owner:

Code: 1270/D

Oct 2020

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